

Table 5.1 Overview of Multiple Intelligences


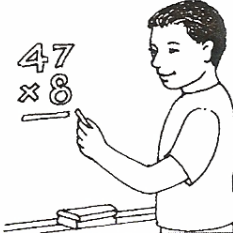

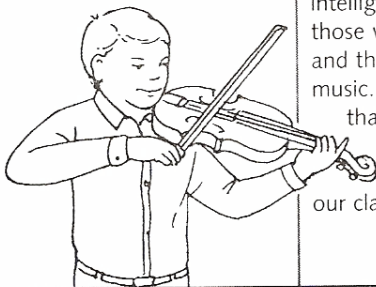





	Description	Characteristics of People Strongly Developed in This Intelligence	Preferred Careers of People With This Intelligence
	<p>Verbal-Linguistic. This intelligence covers a continuum, with speaking strengths on one end and writing strengths on the other end. People with this intelligence can excel on one or the other or both ends of the continuum.</p>	<p>Verbal-linguistic people love words. Words are their primary way of thinking and solving problems. They tend to have excellent auditory receptive (input) skills and verbal expressive (output) skills. They use words to persuade, argue, entertain, or teach. These people are good writers, speakers, or both.</p>	<p>teachers, principals, storytellers, TV talk show hosts, journalists, newspaper editors, writers, poets, and authors</p>
	<p>Logical-Mathematical. This intelligence also covers a continuum, with mathematics on one end and science and research on the other.</p>	<p>Logical-mathematical people love numbers. They can easily interpret data and analyze abstract patterns. They have a well-developed ability to reason and are good at chess and computer programming. They think in terms of causes and effects.</p>	<p>math teachers, special education teachers, tax accountants, mathematicians, statisticians, scientists, doctors, and medical researchers</p>
	<p>Spatial. This intelligence encompasses the eye-hand skills. These people can see images in their mind's eye and replicate this image with paint, sculpture, architectural blueprints, and buildings.</p>	<p>Spatial people think and process information in pictures and images. They have excellent visual receptive skills and excellent fine motor skills. People with this intelligence use their eyes and hands to create wonderful products. They can build with Legos, read maps, and put together 1,000-piece jigsaw puzzles.</p>	<p>architects, artists, sculptors, interior decorators, seamstresses, beauticians, book illustrators, cartoonists, carpenters, art teachers, vocational teachers, car designers, clothes designers, and mechanics</p>
	<p>Musical. This intelligence includes those who compose and those who perform music. Gardner believes that we need to bring this intelligence into our classroom more.</p>	<p>Musical people think, feel, and process information primarily through sound. They have a superior ability to perceive, compose, and/or perform music. Musically smart people constantly hear musical tones in their head; they think and feel music. Music connects directly to our emotions in the limbic system and can be used to enhance memory.</p>	<p>musicians, songwriters, music teachers, sound engineers, composers, and conductors</p>
	<p>Bodily-Kinesthetic. This intelligence includes a wide spectrum of physical abilities that range from athletics to dance, swimming, acting, gymnastics, and the martial arts.</p>	<p>Bodily-kinesthetic people are highly aware of the world through touch and movement. There is a special harmony between their body and their mind. They can control their body with grace and expertise. They are aware of their gut feelings. Those with this intelligence engage in group sports, dance, cheerleading, swimming, gymnastics, and martial arts.</p>	<p>ballet dancers, actors, professional athletes, physical therapists, occupational therapists, coaches, physical education teachers, dance teachers, and mime artists</p>

Table 5.1 Overview of Multiple Intelligences *continued*

	Description	Characteristics of People Strongly Developed in This Intelligence	Preferred Careers of People With This Intelligence
	<p>Interpersonal. This intelligence refers to the ability to get along with others. They are effective leaders, communicators, and mediators.</p>	<p>Interpersonal people have a strong ability to get along with others, to interact and relate effectively. They are good leaders. They use their insights about others to negotiate, persuade, and obtain information. They like to interact with others and usually have lots of friends. They often select their mentors.</p>	<p>political leaders, religious leaders, teachers, principals, nurses, TV and radio talk show hosts, bartenders, salespeople, psychologists</p>
	<p>Intrapersonal. This refers to an individual's ability to recognize and accept his or her own strengths and weaknesses. People with a strong intrapersonal intelligence have a deep awareness of their feelings, ideas, and goals. Many believe that this is the most important intelligence to develop.</p>	<p>Intrapersonal people have a strong ability to know themselves. They know, and accept, their strong, moderate, and weak multiple intelligences. They are able to assume responsibility for their actions and feelings. They have keen intuition and inner wisdom. At an emotional level, they are able to engage in deep introspective thoughts; they have a deep awareness of their inner feelings, ideas, and dreams. People with this intelligence need a lot of time alone to process and create.</p>	<p>clergy persons, theologians, writers, entrepreneurs, inventors, teachers, psychologists, and researchers</p>
	<p>Naturalistic. This intelligence refers to an individual's natural interest in the environment. People with strong naturalistic intelligence easily recognize and categorize plants, animals, and rocks.</p>	<p>Naturalistic people have a deep interest in the environment. They like to be in nature and they want to protect it from pollution. They can navigate easily in the natural world. They see the patterns in nature, recognizing the different flora, fauna, rocks, and birds. As teachers they bring nature into the classroom and their students outside with more regularity than teachers who are not strong in this intelligence.</p>	<p>science teachers, Girl or Boy Scout leaders, ecologists, environmentalists, water quality monitors, marine biologists, and meteorologists</p>
	<p>Existential. This is the intelligence that Gardner refers to as a "half intelligence" because he could not find a physiological location for it in the brain. I also call this a spiritual intelligence, as those who score high in this intelligence are concerned with life's big questions.</p>	<p>Existentialists are those concerned, often at an early age, with the big, piercing questions: Who am I? Why do we die? What is the meaning of life? I believe that existential intelligence overlaps or coincides with a spiritual awareness and concern for humankind.</p>	<p>philosophers, priests, rabbis, or ministers; history and philosophy teachers; and inspirational speakers or writers</p>